

Stitch-A-Wish

benefiting **Cook Children's Medical Center** in Fort Worth, Texas

PREEMIE NEEDS

FLEECE BLANKETS – 24 to 42” long x 24 to 42” wide

Use a finish on the edges that is very smooth as these babies have very delicate skin. I use the wooly nylon thread in the bottom 2 loopers of my serger and just serge them.

GEL PAD COVERS – 13 ½” long x 7 1/2 “ wide

Take 2 pieces of fleece or other soft cotton fabric and finish the 7 ½” edges on right side of each. Put the right sides together folding down 3: on one of the finished edges and sew together. When turned right side out you will have an envelope closure on one of the pieces. The nurses have asked these be made out of the **polar fleece or soft cotton fabric only** as flannel gets very rough after multiple washings. The gel pad covers are right next to the baby's skin so we want something that is as soft as possible.

CLOSED CRIB SHEETS

1. cut rectangle 29” x 31” of a soft cotton fabric.
2. cut 3” squares out of corners
3. serge 3 corners together
4. serge clear elastic around all edges
5. serge 4th corner closed

OPEN CRIB SHEETS

1. cut rectangle 32” x 45” of a soft cotton fabric
2. cut 5” squares out of corners
3. serge 3 corners together
4. serge clear elastic around all edges
5. serge 4th corner closed

NOTE: You can also use regular elastic and just make a casing to thread the elastic through.

PREEMIE CLOTHES

The Neonatal Intensive Care Unit can also use preemie clothing. Once the infants are moved from the closed incubators to open incubators, they can be dressed. If you enjoy making preemie clothes, they need a fabric and finish that is gentle on their delicate skin so a knit or soft batice work well. There are several internet sites for preemie clothing patterns. Many pattern companies have at least one pattern that will fit preemies.

Thank you!!

For additional information or to join Cook Children's Volunteer Stitch-A-Wish program, please contact:

Carol Adams, Cook Children's Volunteer Stitch-A-Wish Coordinator, 817.988.1646; carol.adams@dfwstitchawish.com

--OR--

Marie Howell, Cook Children's Volunteer Program Manager, 682.885.7452; marieh@cookchildrens.org