

Stitch-A-Wish

benefiting **Cook Children's Medical Center** in Fort Worth, Texas

PREEMIE / NICU NEEDS

FLEECE BLANKETS – 24 to 42” long x 24 to 42” wide

Use a finish on the edges that is very smooth as these babies have very delicate skin. I use the wooly nylon thread in the bottom 2 loopers of my serger and just serge them.

CLOSED CRIB SHEETS

1. cut rectangle 29” x 31” of a soft cotton fabric.
2. cut 3” squares out of corners
3. serge 3 corners together
4. serge clear elastic around all edges
5. serge 4th corner closed

OPEN CRIB SHEETS

1. cut rectangle 32” x 45” of a soft cotton fabric
2. cut 5” squares out of corners
3. serge 3 corners together
4. serge clear elastic around all edges
5. serge 4th corner closed

NOTE: You can also use regular elastic and just make a casing to thread the elastic through.

PREEMIE CLOTHES

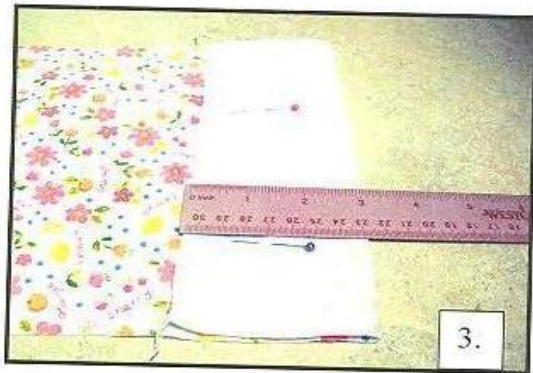
The Neonatal Intensive Care Unit can also use preemie clothing. Once the infants are moved from the closed incubators to open incubators, they can be dressed. If you enjoy making preemie clothes, they need a fabric and finish that is gentle on their delicate skin so a knit or soft batice work well. There are several internet sites for preemie clothing patterns. Many pattern companies have at least one pattern that will fit preemies.

(NICU) Gel Pad Covers (Preemie) ~~Bed Buddies~~

Recommended fabric: lightweight jersey or light ~~sheet~~ ^{cotton} material.
Can be sewn or serged. Instructions below used serger.
All seams are 1/2".

Small – 7" x 9 1/2"

1. Cut material 8" x 23".
2. Serge each short end of material to finish off edges.
3. Fold back 3" of short end with right sides together and pin in place.
4. Fold fabric in half matching open serged end with new folded edge and pin in place.
5. Serge along both long sides.
6. Tie knots at end of serger threads.
7. Turn right side out.
8. Fold flap over to close pillow case.



Thank you!!

For additional information or to join Cook Children's Volunteer Stitch-A-Wish program, please contact:

Christy Beck, Cook Children's Volunteer Program Specialist, 682.885.4590; christy.beck@cookchildrens.org

--or--

Nancy Chick, Volunteer Stitcher Coordinator, chickiex3@sbcglobal.net; or visit www.dfwstitchawish.com.