

CookChildren's™

uncommon care

Cook Children's & Stitch-A-Wish Volunteer Program

Instructions for Making a Pillow with Band

(Note, you are free to change the size of the band on the pillow)



Embroidery Products

Free Cook Children's design from www.dzgns.com. Click on the Pillow case. Assorted embroidery designs from your collection (remember, you're making these pillowcases for children infant through 18 year olds.

Materials

Assorted fabric from your stash: (Use flannel or cotton)

Polymesh stabilizer

Assorted embroidery thread to coordinate with fabric

All seam allowances are ½ inch.

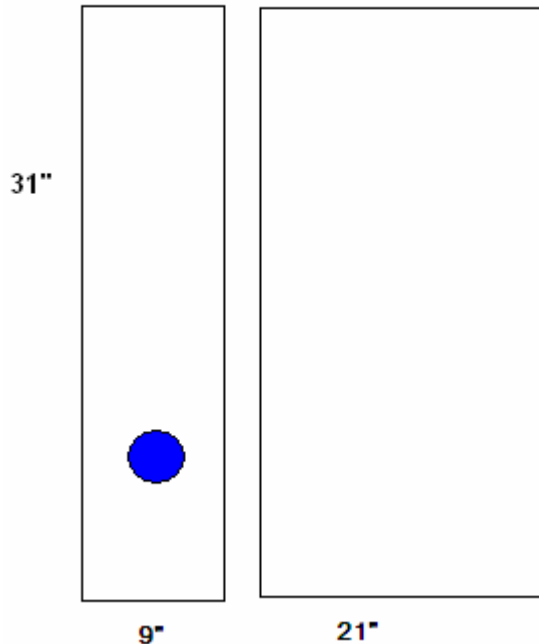
Finished size of pillowcase: 15" X 24"

Step 1. Fabric Preparation

Cut the main fabric 21 inches long by 31 inches wide. The fabric will be folded in half to make the case.

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www.dzgns.com
designsmagazine@dzgns.com

Cut the band 31" long by 9" wide. The band will be folded in half after the embroidery is complete.



Step 2. Embroidery

Download the free Cook Children's design from www.dzgns.com in the appropriate format. If you prefer, you can use your own built-in fonts to spell the hospital's name (EXACTLY as it is shown: Cook Children's). You can choose to embroider the name only or you may add designs from your own collection as an extra embellishment. The pillow case must have the hospital's name.

Adding a Design (Small Hoops)

The Cook Children's design (free from www.dzgns.com) will fit a 4" x 4" hoop. You'll need to embroider each design separately when you add additional designs.

Adding a Design (Large Hoops)

Open the Cook Children's design in your embroidery software. Now INSERT a second design on-screen. Usually, you would go to FILE. INSERT DESIGN. Software programs vary. Repeat the process for additional designs.

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Rearrange the designs as necessary. Remember, the design must fit the final width of the band fabric. Save your work as a single design, print a template and send to your embroidery machine.

Fold the band fabric in half widthwise to find the center of the band. Place the design template on the band fabric to make sure the design fits. Place a target sticker under the center of the template.

Hoop polymesh stabilizer with KK2000 and place the band on the hoop. Remove the target sticker then embroider the design.

Step 3. Sewing

Sew the band fabric to the long side of the pillow fabric right sides together. Fold the band fabric in half wrong sides together. Iron the band to create a crease. Sew the band fabric with a zig-zag stitch or use a serger to complete the edge.

Fold the main piece of fabric in half lengthwise, right sides together so the pillow measures 15" wide. Sew the bottom and side together (opposite of the band).

Turn the fabric right side out then press.

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