

Print both pages of this document and then put together for complete pattern. Thanks.

Why Medical Play?

Cloth dolls are used throughout the hospital environment as teaching tools and expressive tools for children. These simple dolls are one of the Child Life Specialists' strongest allies as they work to promote emotional health and well being for ill children.

Medical Play Doll

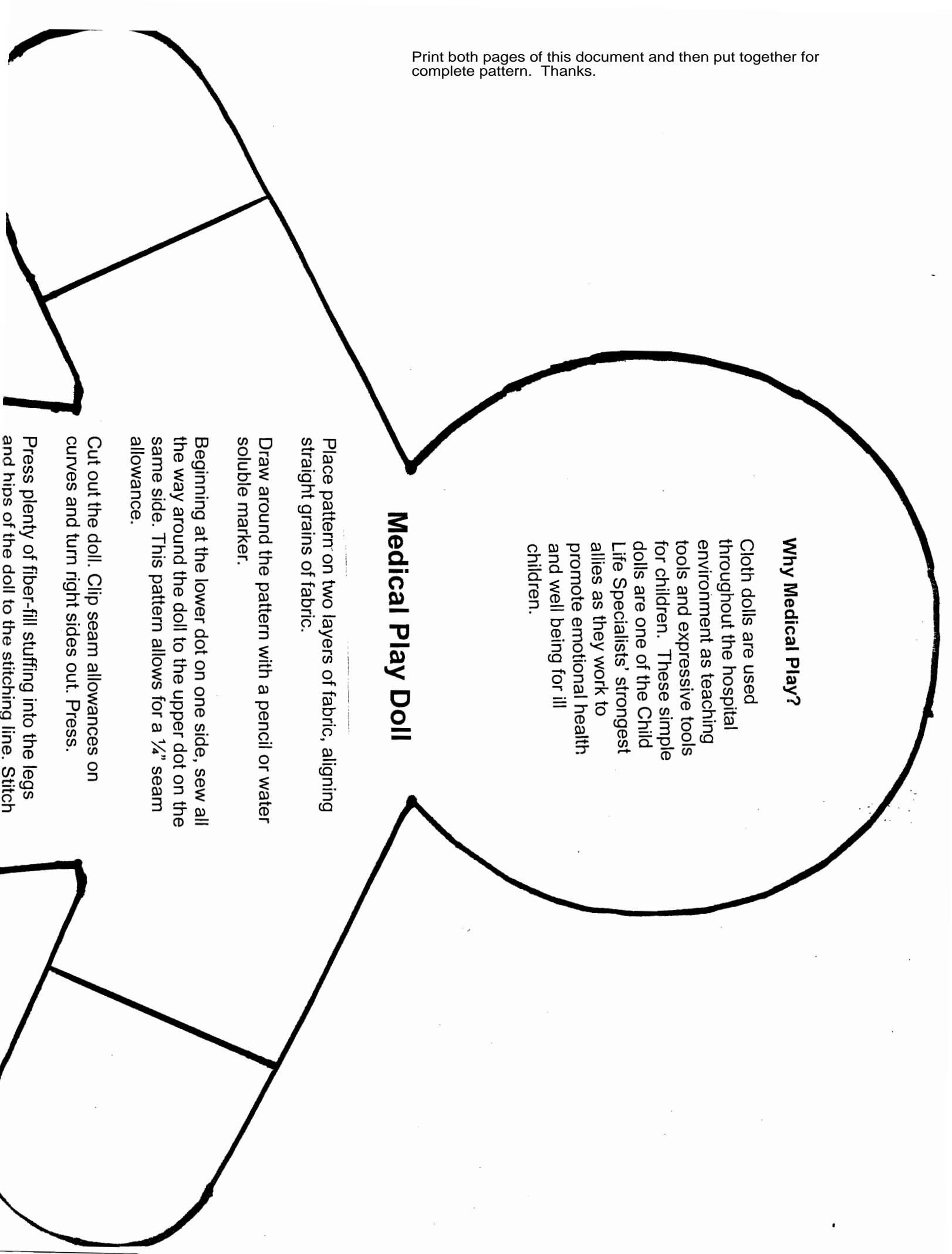
Place pattern on two layers of fabric, aligning straight grains of fabric.

Draw around the pattern with a pencil or water soluble marker.

Beginning at the lower dot on one side, sew all the way around the doll to the upper dot on the same side. This pattern allows for a 1/4" seam allowance.

Cut out the doll. Clip seam allowances on curves and turn right sides out. Press.

Press plenty of fiber-fill stuffing into the legs and hips of the doll to the stitching line. Stitch



across.

Finish stuffing doll. Sew across the arms at the elbow to make them bendable.

Fold the seam allowance and whip stitch closed the stuffing opening.

No decorations of any kind on the doll's face or body as the patients will be doing this as part of their medical play experience.

Supplies Needed:

Unbleached muslin in skin tone shades of beige to brown—no black.

One yard of 45" fabric makes 4 dolls. One yard of 36" fabric makes 3 dolls.

New polyester fiber-fill.

Thread to match.