

Stitch-A-Wish
benefiting **Cook Children's Medical Center** in Fort Worth, Texas

COMFORT DOLL



The **COMFORT DOLL** is a knitted doll. Finished size is roughly 10" tall by 4" wide.

Materials: Acrylic in light worsted weight or sport weight. #5 and #6 needles.

Directions:

With #6 knitting needles and brown or black yarn, cast on 32 stitches. Work 4 rows in stockinette stitch leaving a 12" 'tail' to gather for feet when completing doll.

Change color for trousers. Work 16 rows in stockinette stitch. Change color for belt – knit 2 rows in garter stitch.

Change color for sweater. Work 13 rows in stockinette stitch. Next row, P3, P2tog, (P6, P2tog) 3 times, Ps. Cut yarn, leaving a 12-15" tail together for neck and to stitch down back of sweater. Change to white or brown for face. Using #5 needles, work 10 rows in stockinette stitch.

Change to color being used for hair or cap. Knit 2 rows – garter – for border. If knitting hair, continue in reverse stockinette stitch, first purling one row and then decreasing as follows:

Row 1: (Knit 4, k 2 tog) x 4, knit 4 (24 sts)

Row 2 and all even rows: Purl

Row 3: (Knit 3, k 2 tog) x 4, knit 4 (20 sts)

Row 5: (Knit 2, k 2 tog) x 4, knit 4 (16 sts)

Row 7: (Knit 2, k 2 tog) x 4, knit 4 (12 sts)

Row 8: (Purl 2 tog) across row

If knitting a cap, work 2 rows of stockinette stitch and then decrease as set forth above.

Finishing: thread remaining sts onto needle, draw up tight and sew up cap. Sew up face. Run the gathering thread through the last row of sweater stitches and, after stuffing head, pull up tightly for neck and finish off securely.

Sew up center back. Run the gathering thread through the last row of feet or first row of pants. Stuff body and pull gathering thread tightly, finishing off.

Complete feet by sewing down middle of feet, through both thicknesses. Stuff feet individually then sew the cast on stitches together at bottom.

Define legs by sewing through all thicknesses from feet towards belt, finishing off 2 rows down from belt. Define arms in the same way starting 2 rows from neck. Embroider face as desired to give character to doll.

Thank you!!

For additional information or to join Cook Children's Volunteer Stitch-A-Wish program, please contact: Carol Adams, Cook Children's Volunteer Stitch-A-Wish Coordinator, 817.988.1646; carol.adams@dfwstitchawish.com --OR-- Marie Howell, Cook Children's Volunteer Program Manager, 682.885.7452; marieh@cookchildrens.org