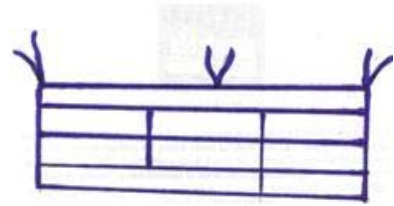


Stitch-A-Wish

benefiting Cook Children's Medical Center in Fort Worth, Texas

BED BUDDY



Bed Buddies are used for patients in traction or who are confined to their beds for long periods of time. The **Bed Buddies** make it easy for patients to keep all their treasured items nearby so they can reach them without help. This provides bed-ridden children with a much needed sense of independence. Fabrics should be bright and cheerful; sports themes work for boys; something colorful for girls; something trendy for teens.

Supplies:

- 1 rectangle – 22" x 14" (Bed Buddy base) -- Denim is used a lot for this piece
- 3 rectangles – one 11" x 22"; one 9" x 22"; and one 6" x 22"
- 1 rectangle of lining for Bed Buddy base 10 1/2" x 22"
- 3 rectangles of lining for the pockets – 10" x 22", 8" x 22", 5" x 22" -- Muslin is usually used, but you can use any fabric you wish – it doesn't show)
- 3 pieces for ties at top of Bed Buddy to tie on the bed 1"x22" or you can use ribbon – They are usually folded into a 1" strip in half and serged closed on the finished side.

Directions:

Finish the 3 smaller rectangle pieces with the lining on one side, turn right side out and press and topstitch close to the finished edge. Place the 11x22 rectangle on table right side up and stack the 9x22 piece on top, right side up with the bottom unfinished edges matching. Measure 6" from the left side and sew a vertical line. Take the 3rd rectangle that is 6x22 and line up the bottom edges with the right side up again. All 3 prints are showing on the finished side. Lay them on top of the large rectangle 22x14 and measure 6 1/2" over on the right side this time and stitch a vertical line from the top of the pocket fabrics to the bottom of the unfinished edges. You will now have 7 different pockets – 1 long and 1 short on the top, 3 medium on the middle layer, and 1 long and 1 short on the bottom layer. Sew the lining fabric for the base to the right side of the Bed Buddy at the top edge. Turn lining fabric and press hem at top. You will have about 1 1/2" of the base fabric turned over. Turn right sides together and sew all around leaving an opening for turning. You will need to slightly round the bottom corners. Trim the seam allowances and turn right side out, zigzag all around the bag, sewing the opening closed. Place the 3 ties along the top, one in the middle and one on each top end. Be sure to reinforce the vertical lines of stitching for the pockets as that is what separates the fabrics for the pockets and will get the most wear. See attached sample of the Bed Buddy.

Thank you!!

For additional information or to join Cook Children's Volunteer Stitch-A-Wish program, please contact:

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--or--

Nancy Chick, Volunteer Stitcher Coordinator, chickiex3@sbcglobal.net; or visit www.dfwstitchawish.com.